## The "Curated Heb" Restaurant

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | A choice of cereals including wholegrain. Orange, Apple juice or milk. |  |  |  |  |
| Mid Morning Snack | Fromage Frais \& raisins Milk or juice | Pancake with butter <br> Milk or juice | Wholemeal toast fingers \& margarine Milk or juice | Fresh seasonal fruit Milk or juice | Toast \& Honey Milk or juice |
| Lunch | "Zing Zillas" Chicken Curry with mango chutney, rice \& Naan Bread <br> "Jungle" Fresh fruit salad with Ice Cream | "Maters" Meatballs with Gravy <br> Bubble \& Squeak <br> Rice Pudding with "Lightening McJam" | "Fireman Sam" Fish <br> Fingers <br> Mash, Carrots, Green Beans \& white sauce <br> "Normans" Fruit Sponge \& Custard | "Big Cooks" Cheese \& Ham Quiche <br> New Potatoes \& Baked Beans <br> "Little Cooks" Crumble with custard | "Buzz's" beef lasagne with peas and sweetcorn <br> "Slinky dog" semolina with doggie choc drops |
| Mid Afternoon Snack | Biscuits or seasonal fruit <br> Milk or juice | Cucumber and carrot sticks, Dips <br> Milk or juice | Cream Crackers \& cheese cubes <br> Milk or juice | Toast with Marmite Milk or juice | Pineapple <br> Milk or juice |
| Tea | Cheese or Jam Sandwiches <br> Crisps <br> Banana Cake | Tuna \& Sweetcorn Pasta Salad <br> Bread \& Butter <br> Fromage Frais | Spaghetti on Toast Shortbread biscuits Seasonal fruit | Chicken Sandwiches <br> Crisps <br> Marble Cake | Sausage Roll <br> Fresh fruit platter <br> Bread \& Butter <br> Choc Crispy Cake with Cherries |

