

### **Subject: Clothing and Sunscreen**

It is recommended that all clothing and footwear is named and a spare set of clothes should be supplied at all times. It is requested that children wear comfortable, easy to manage play clothes.

In the past parents have sometimes asked that their children are excluded from activities that may damage expensive clothing. We feel that this is non inclusive and we will not subscribe to this. If you are worried about clothing being damaged please do not send your child to Nursery in it.

Children who are toilet training should have several changes of clothing in their bag.

Children may soil for a number of reasons. Not least because they are toilet training, but also because others in the group may have done so, to gain attention, forgetfulness or "too late" syndrome.

Nursery staff will always tell you when your child has soiled but we cannot always explain why. We always appreciate parental help in these situations such as information about a moving of house or a change of circumstance that may help to explain such changes to their behaviour.

The Nursery is NOT responsible for washing children's clothes. However, we will endeavour to at least rinse soiled clothes and bag them to avoid health risks to all concerned. Staff will always inform you of the condition of all clothes contained in a bag.

The Nursery takes no responsibility for lost or damaged clothing especially items of clothing which do not contain the child's name.

The Nursery does have a stock of spare clothing suitable for children of all ages in the nursery. We cannot guarantee that they will be to your taste but we can guarantee that they are clean and dry! Please remember to wash, iron and return these clothes promptly as we may need them for other children. Sometimes we may appeal for a replacement stock of clothes for our cupboard and any clothing that is too small for your child, which are in good condition, may be useful to us.

In WINTER it is advisable to dress children in several layers so that clothes can be removed or put on as required. Please also ensure that your child has a coat with a hood, a hat, gloves, scarf and a pair of wellington boots. You may also want to consider a waterproof all-in-one suit for outside play

FLIP-FLOPS and SLIP ON SHOES are NOT acceptable footwear for children while they are at the Nursery. Well secured shoes with a flexible sole are encouraged e.g.: trainers.

### **Protection of children against the harmful effects of the Sun**

It is required that parents supply an adequate sun cream for their Child/ren in the hot weather, especially summer months, for when they go outside to play. The sun cream can be labelled and kept at the nursery or left in the child's bag ready for use. It is the nursery's responsibility to provide a shaded area for the children, if there is no shaded area available, the time of outside play will be limited. Sun cream should be applied 15 minutes before going outside and reapplied every 1 to 2 hours depending on activity.

Parents are also responsible for ensuring that their child/ren have an appropriate labelled Legionnaire's or broad brimmed sun hat, and if necessary, a pair of sunglasses. The nursery does hold a limited stock of sun hats should you forget to bring one. However we cannot provide sunglasses.

### **Respect for the Sun**

Walking or playing, Garden or shop, Don't forget **Slip! Slap! Slop!**

- **Slip** on a shirt
- **Slap** on a hat
- **Slop** on some Sun Screen

*Between 11 and 3 get under a tree or find some shade for outdoor fun*